



Sunstar
SWISS HOTEL COLLECTION

Energy charging point in the mountains

Massages, fine food and elegant skiing.

**New:
Collection
Deals**

FROM PAGE 28



Sunstar
SWISS HOTEL COLLECTION

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Top up your energy levels with winter treats...

Dear guests,

Dedicate this winter to enjoyment - by skiing at a slower pace, indulging in a soothing massage or treating your taste buds. Providing those special moments of pleasure for body and soul is something we're very good at. Let's start at our wellness hotels in Arosa, Davos and Grindelwald. It's high time to breathe deeply, cast aside your everyday cares and concentrate on yourself. And what better way of doing that than by having a **soothing massage** (FROM PAGE 4)? To bring you up-to-date again, we tell you (FROM PAGE 10) all about what has been changed and refurbished at our hotels. After that, we go swooping with stylish elegance down the slopes - learning the **Telemark skiing technique** (FROM PAGE 14) - but be warned, aching muscles are guaranteed! Then it's time for us to tell you in more detail about everything that the Sunstar hotels will serve up for you... More about allergens and **diet** (FROM PAGE 22). Now for the first time we're offering you, our dear readers, some exclusive **Collection Deals** (PAGES 28-29) - they're really exciting! Nothing for you there? Then you'll find plenty more interesting **offers** (FROM PAGE 30).

Our wellness team, restaurant staff and the whole hotel team are looking forward to seeing you soon!



**Pressing, tapping,
the soothing**

**stroking & kneading:
touch of a massage.**



Whether we are suffering from stiff muscles or just discomfort, when somewhere hurts, we intuitively press or stroke the place briefly with our hand. But which of us really thinks in that moment that the movement has anything to do with massage?

Massage is one of the oldest healing techniques in human history and can be regarded as the original treatment for all kinds of ailment. On the following pages we explore Ayurvedic massage, Lomi Lomi massage and the Dorn Method with Breuss massage.



The ancient holistic Indian medicine system of Ayurveda is synonymous with the art of healthy living and gentle healing. It encompasses various forms of massage which not only make you feel great but are also good for your health. Sign up for an Ayurvedic massage and you can look forward to a gentle whole-body treatment or one that focuses on specific parts of your body.

In most versions of Ayurvedic massage, luxury oils are lovingly rubbed into your skin with gentle stroking movements. There's also herbal pouch massage, where the masseur works with little heated bags filled with herbs, powders or grains. Treatments focusing on pressure points or involving massage with a silk glove are also very popular.

Regular, repeated stroking of the arms and legs, with occasional rotating of the joints, is typical of Ayurvedic massage and makes the treatment wonderfully harmonious. Ayurvedic massage has a wide range of effects, from detoxing, cleansing and invigorating to comforting, relaxing and calming.

**Ayurvedic massage:
mental relaxation,
physical regeneration.**





Lomi Lomi massage: say "aloha" to the pampering programme for the senses

Lomi Lomi Nui, also called Lomi Lomi, is a traditional form of Hawaiian massage and was originally part of a healing treatment. Literally, it means "the great kneading treatment". In Europe, it is mainly offered as a wellness massage that will relax you and relieve stress.

Thanks to the flowing movements from head to foot, for which the masseur uses their whole body, soothing relaxation is guaranteed with Lomi Lomi. It typically involves big stroking, kneading and rubbing movements so that even the deeper layers of tissue are reached.

A Lomi Lomi massage is an appealing experience, with its aromatic oils and essences, Hawaiian rhythms and movements that flow over your body like gentle waves.

The masseur works with their hands, forearms and elbows, sometimes even with their knees. The strokes alternate between small and circular, long and flowing, gentle and powerful. From time to time the joints of the arms and legs may be gently rotated and loosened. Lomi Lomi massage boosts your body's self-healing powers, relieves tension, stimulates the metabolism and the circulation and has a detoxing effect.

Dorn Method with Breuss massage: rapture for your back.

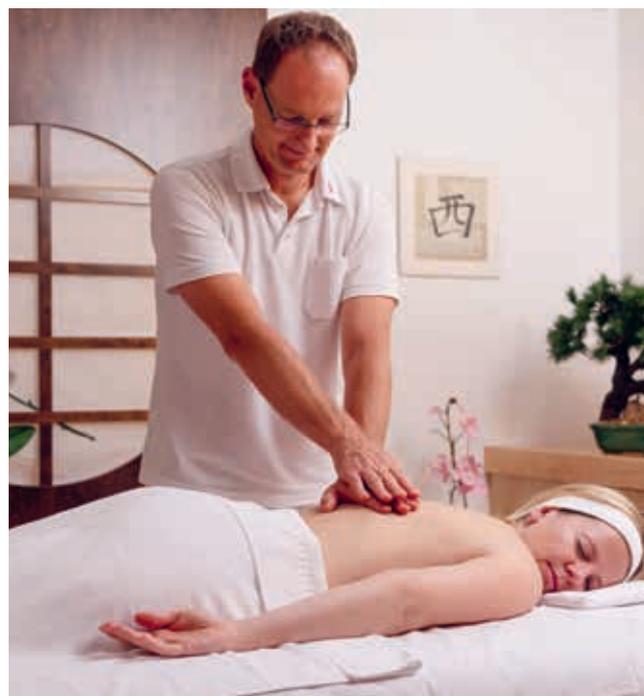
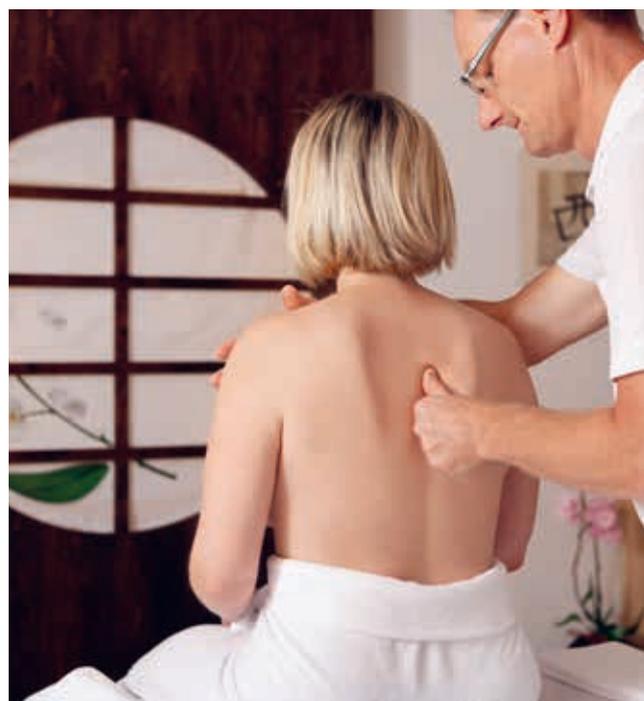
Did you know that pain (not just back pain) and impaired organ function can often be traced back to a problem with the nerves leading from the spinal cord? It may be the result of one or more vertebrae having slipped or become blocked or misaligned.

The spinal therapy named after Dieter Dorn specialises in alleviating just this kind of condition. Like chiropractic therapy, its aim is to realign displaced vertebrae or joints. However, the difference is that Dorn's healing treatment relies on gentle pressure.

Realigning the vertebrae can alleviate disorders and release blocked energy, giving you renewed vigour. The treatment also specialises in correcting functional leg length discrepancies: once the joints are bearing your weight equally again, pain in the back and hips may be reduced.

A Rudolf Breuss massage is the ideal prelude or follow-up to the Dorn treatment. In this wonderfully energising back massage, your spinal column is gently stretched. This helps to regenerate intervertebral discs that have been undersupplied with nourishment and brings deep relaxation for your body, mind and soul.

You are massaged with St John's wort oil which has an anti-inflammatory, calming and revitalising effect. This highly beneficial treatment also promotes inner tranquillity and a positive outlook on life.



Health-giving in your hands

During the 2020 summer season, you will have the chance to learn the Dorn-Breuss method in a 5-day workshop with specialist Dr Anselm Schreiber at the Sunstar Hotel Davos. The Dorn-Breuss seminar will include exciting speakers, practical exercises, healthy eating, hikes in the Davos mountains and relaxation in our spa centre.

Sounds like something you really don't want to miss? More information coming shortly at davos.sunstar.ch

**Investment for today and tomorrow –
design and functionality
meet comfort and convenience.**



Cosy and inviting Premium rooms in Davos that tempt you to relax, with a coffee machine and comfy corner seat.

As always in the low season, last winter/spring saw a lot of hard work going on at Sunstar hotels, with much busy hammering and sawing going on to accomplish various new projects...

Looking back

At last, peace is restored to the idyllic little hamlet of Isola d'Asti. After months of exhausting building work that tested everyone's patience and nerves, the two-storey underground car park is finally finished. There's room for more than 22 cars. The guests are pleased, the locals are pleased and so are we. ☺

As of summer 2019, there are 29 more of the popular Premium rooms available for our guests in Davos to relax in. At the Sunstar hotels in Arosa and Brissago, more bathrooms have been refurbished, including the plumbing. And the terraces on the first floor in Brissago now have new flooring.

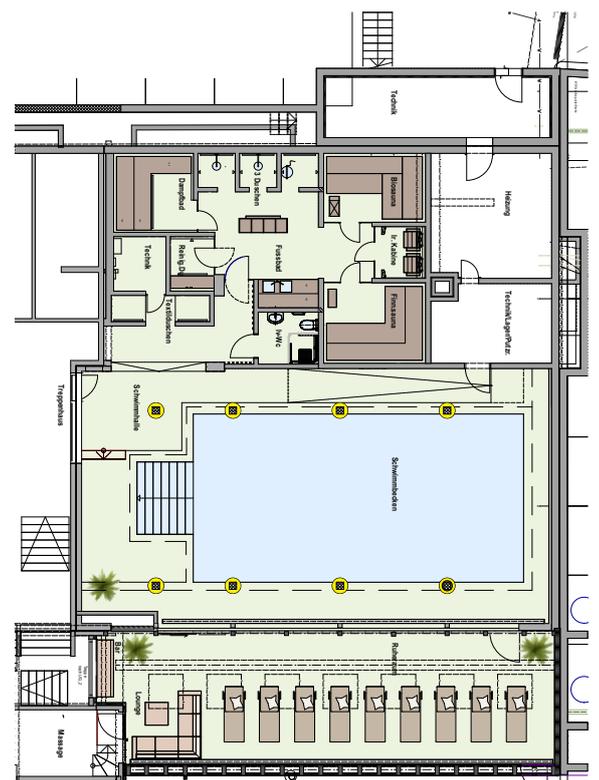
Looking ahead

Looking first at Graubünden. In Klosters, 8 rooms on the third floor are being refurbished and upgraded to the new category, Standard Nova. A new heating system is also being installed. In Lenzerheide, we are planning one of the most extensive renovation projects, so it is being tackled in two stages. By the 2020 summer season there will be a completely new wellness centre and an enlarged rest area. In Davos, 42 more rooms are due for their facelift and will be upgraded to the Premium category. The roof of the indoor pool, the south-east facing balconies and the roof are also going to be refurbished and two lifts may be replaced. **Now for a look at the Bernese Oberland.** Wengen is getting new carpets for all rooms. In Grindelwald there are 14 new Premium rooms, 8 Nova double rooms and 6 Nova single rooms on the to-do list. To help alleviate the parking situation in Grindelwald, a planning application has been submitted to convert the former tennis court into car parking. **And what's going on down south?** In Brissago, 3 more bathrooms have been renovated, including the plumbing, and the remaining balcony floors on the 2nd and 3rd storeys have been refurbished. In Piedmont, it's time for a new kitchen and heating system. Dear guests, as you can see, our tradesmen and project managers won't be running out of work for a long time yet! ☺



Lift from the new two-storey underground car park to the hotel.

The plans for the new wellness centre in Lenzerheide



Double the climate protection.

Global and local

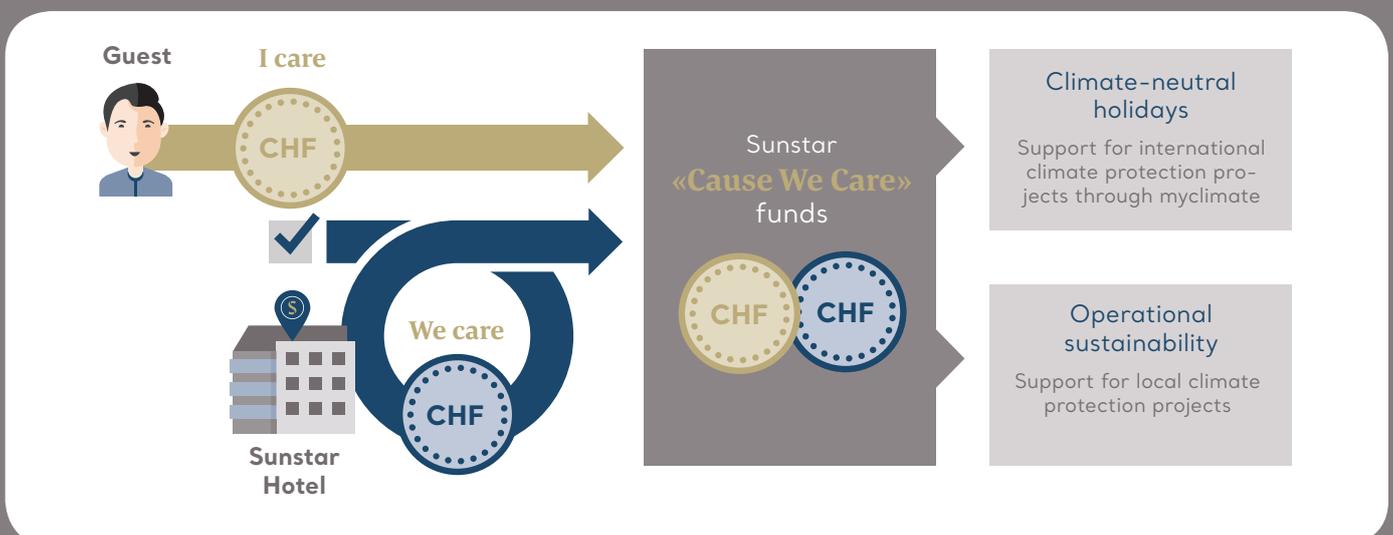
In the days of Greta Thunberg and the "Fridays for Future" movement, the subject of climate protection and sustainability is on everyone's lips again. At Sunstar Hotels, it has been since 2008. Sunstar Hotels was the first hotel chain in the world to fully offset all the CO² emissions at all its Swiss hotels. We want to continue down this sustainable route in future, with innovative new solutions and even more commitment to local climate protection projects.

From November 2019, Sunstar Hotels will be implementing a new model from the Swiss foundation, myclimate, which it hopes will enable it to invest even more in regional climate protection. Under the "Cause We Care" initiative, we give our guests the option of actively making a useful contribution to climate protection by giving a voluntary donation. Sunstar Hotels will double their donation. Part of the sum will be used to support reputable international climate protection projects so that the guests' entire stay is climate-neutral. Sunstar will invest the remaining amount in local sustainability projects.

HOW DOES "CAUSE WE CARE" WORK?

Whenever you book a room, either online or directly with the hotel, you can choose to give a small voluntary donation which will have a dual effect: we guarantee that all the CO² emissions from your stay will be offset by myclimate climate protection projects (reforestation in Nicaragua and biogas plants in India). At the same time, we will invest the same amount again in local sustainability programmes, for example in energy-efficient windows, water-saving sanitation and electric hotel buses, thereby reducing our own CO² emissions and energy consumption.

- **I care** – Book a stay with Sunstar and pay a voluntary CHF 3 per person/night for climate protection. Then you can be sure that your holiday is climate-neutral.
- **We care** – Make a donation and we will double it and put both sums in the "Cause We Care" fund.
- **We share** – That fund is used to offset the emissions from your holiday with myclimate projects. Sunstar also invests in internal climate protection measures.



More information available at sunstar.ch/en/sustainability

"Sunstar's catering relies on sustainable strategies and homemade treats."



Katja Lemmler is the woman at the top. She is married with one son and is a member of the Slow Food movement. She's a gourmet who frequently wields a wooden spoon herself and loves conjuring up the flavours she remembers from her childhood to serve her family.

You are a member of the Board, Head of Food Buying and Head of Human Resources. Three roles in one. However do you manage it?

You can only cope with a workload like that if you find the job really fulfilling. For me, it's essential that the work is meaningful, and I do find that in all three roles.

What about your work-life balance?

Meditation, yoga and acupuncture help me to remain calm and concentrated. I have learnt that being stressed and emotional at work helps nobody. My motto for tricky situations is "Take a deep breath!"

For the guests to be served a good glass of wine and a tasty meal requires a great many organisational steps. What does your job as Head of Food Buying consist of?

For example, when the contract with the supplier of the drinks in our minibars expires, I write the advert for a new partner. Then there are negotiations about price and quality, tasting sessions and the delivery chain to organise. I'm also responsible for regularly checking invoices and calculating any reimbursements.

How do you manage to organise eleven hotels?

The front-line staff deal with their own food and drink orders themselves. They use a document on the Intranet which lists the suppliers and products which are mandatory, for example for meat, bread, wines and minibar drinks. However, they can

and should also look at local suppliers and specialities. If we take meat, for example, about 80% comes from a national Swiss supplier and the remaining 20% consists of regional specialities. For wine, the situation is that we obtain our Swiss and other wines from three major wine dealers. In addition, each hotel has its own regional winemakers and/or dealers. Our hotel in Piedmont is completely autonomous when it comes to buying food and drink. It's funny that we buy the Sunstar house grappa, "Grappa Castello di Villa", from our own hotel in Piedmont.

Sunstar has been actively engaged with sustainability for 10 years now. Could you give us an everyday example from the food and drink side of the business?

Anyone who has a cup of coffee in our hotels can be confident that the farmers were paid a fair wage for the beans.

What has Sunstar got to offer in terms of food intolerances, vegetarianism and veganism?

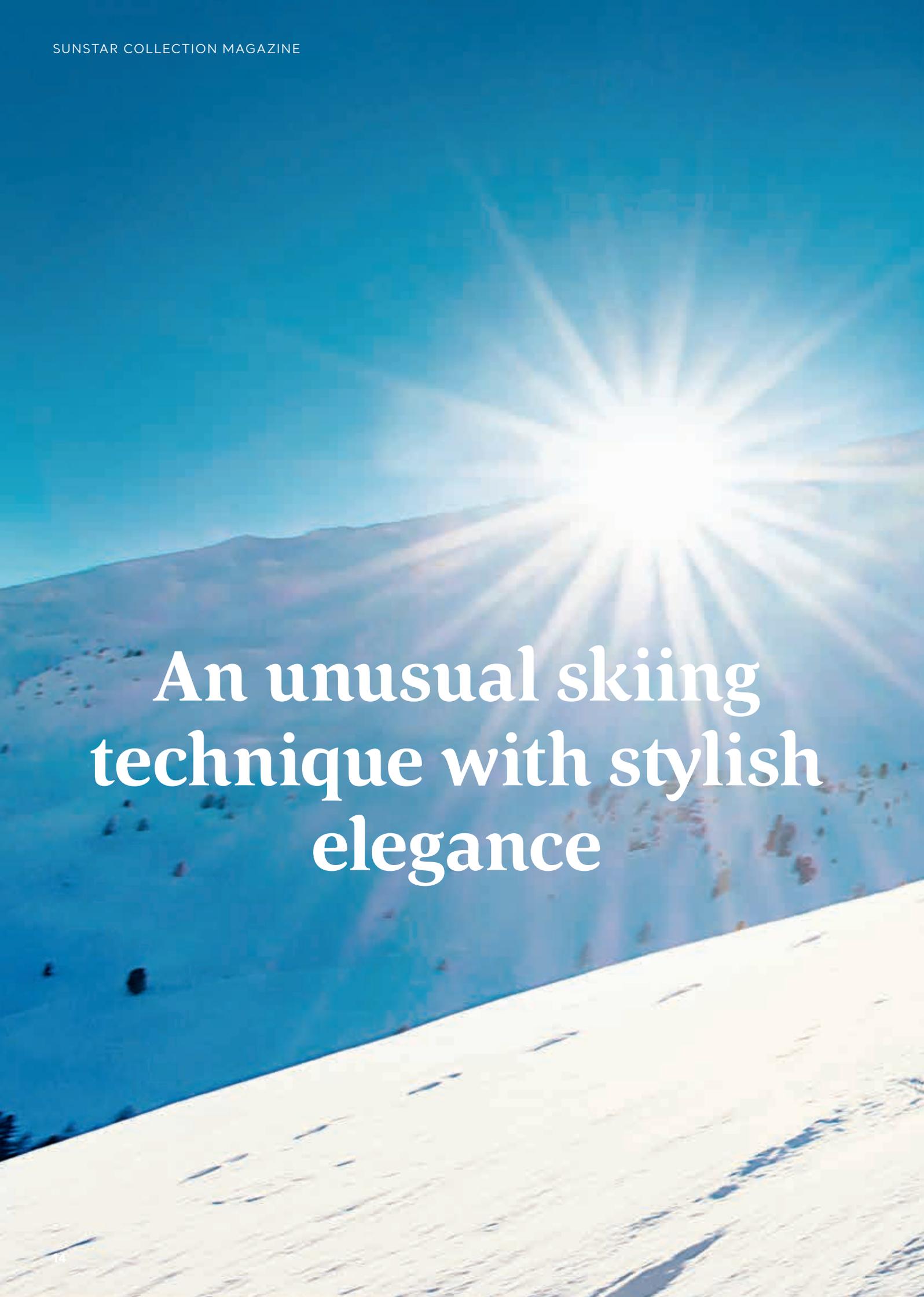
We always try to cater for all our guests' requests. We go on internal training courses to keep up to date with the latest trends, for example we had a Vegi-Vegan workshop with Swiss gastronome and "culinary" expert, Urs Messerli. Beforehand, we were all really sceptical – saying things like: "A vegan chocolate mousse, how can that taste of anything?" But the surprising result was a delicious treat for our taste buds that we won't forget.

Homemade food versus economic efficiency – isn't it always a balancing act between quality and cost?

Yes, it's always a big challenge. But I'm very proud that we're still able to offer our guests a great many homemade specialities instead of pre-prepared convenience foods. We owe particular thanks to our Executive Board and Board of Directors for making that possible.

Sunstar is a member of the "United Against Waste" organisation and a participant in "Too Good To Go". What does that mean to you personally?

My father always used to say: "Eat up what's on your plate." When you put it like that, it perhaps sounds a bit negative, but I entirely agree with what he meant. I'm trying to pass that attitude on to my son in a fun way. I open up the Too Good To Go app and say to him: "Come on, let's go and rescue some food." It has now become a regular family adventure!

A bright sunburst is the central focus, radiating light across a clear blue sky. Below the sun, a snow-covered mountain slope descends towards the foreground. The snow is bright white, and the sky is a deep, clear blue. The overall scene is bright and clear, suggesting a sunny day in a winter setting.

An unusual skiing technique with stylish elegance



There's no doubt about it, carving
down the slopes in Telemark is a great way
to get noticed. And that's why Telemark
Telemark is actually the earliest form of skiing.
It's a fun, fast, and eye-catching up-a-slope
practice for practitioners of this sport.
It's a fun and distinctive. But it's also a
special about

out it: anyone skiing
lemark style is bound
t's despite the fact that
regarded as the very
With their "free heels"
nd-down movements,
ort look both fascinat-
ut what is actually so
t Telemark?



The skis are kept parallel and pushed forwards and backwards to establish a lunging movement. When going downhill, skiers bend at the knee on the rear ski. On the turns, the skis change places: the rear one comes forwards and the skier now bends at the knee on the other ski. With Telemark, as with cross-country skiing, only the toe of the boot is held firmly in the binding, while the heel remains free to move.

"When Telemarking downhill, you're crouched down for most of the time, and very close to the snow."

This means that what you are most aware of is the speed, the snow beneath your skis and your own body. It's no wonder that this is a sport that puts the thighs to the test. However, unlike with downhill skiing, here a great deal of tension is generated in the muscles: impacts which, in alpine skiing, affect the knees, hips and spine, are absorbed by the muscles in Telemarking. That in turn spares the joints.

"Telemark paved the way for skiing."

The man who first introduced the Telemark lunge to the ski slopes in the 19th century was Sondre Norheim from the province of Telemark in Norway. It was in around 1860 that he paved the way for skiing with his new developments: tapered skis, sturdy bindings and boots, and the Telemark technique. As one of the oldest and probably purest forms of skiing, the technique has continued to develop from its earliest beginnings to the present day.

"The next Telemark World Championship will be on the Schilthorn in 2021."

Between 1987 and 1996, the Telemark World Championship took place every year, and since then it has been a biennial event under the auspices of the FIS. Thanks to progress in skiing technology and new, ultra-modern bindings and boots, the sport of Telemarking has changed over the years, but the principle has remained the same. There has been a Telemark Association in Switzerland since 1989 which promotes and coordinates developments in the sport of Telemarking.

"In recent years Telemark has become more firmly established in Switzerland but it is still far from being a mass sport," writes Swiss Telemark.

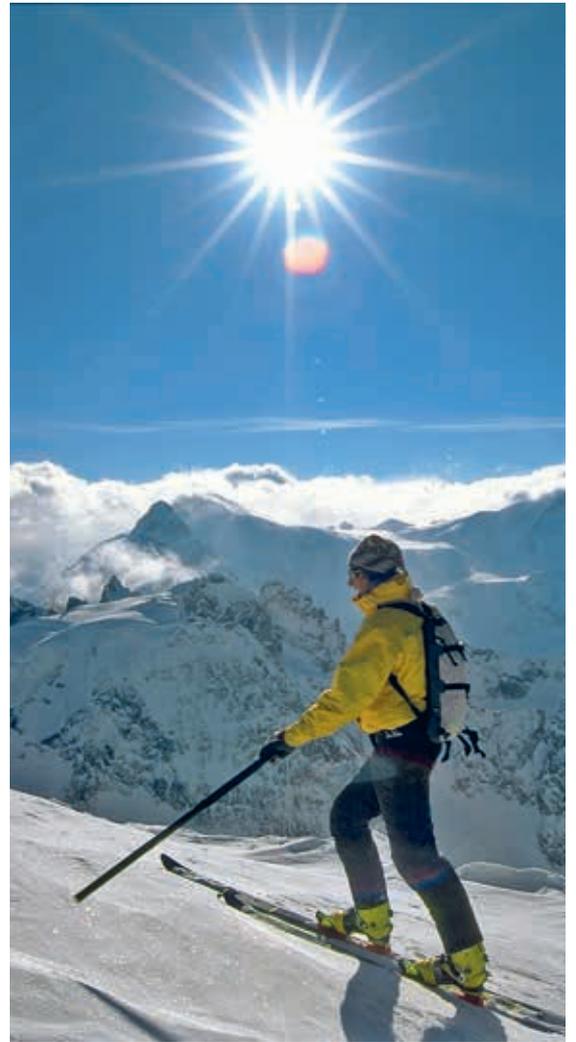
Since Telemark continues to show steady, healthy growth, it cannot be dismissed as a passing trend. The increased popularity has been driven mainly by the existence of more qualified Telemark instructors, active clubs and a successful racing scene.

"Telemark is perfect for people who enjoy being active outdoors and would like to try a more exotic snow sport."

Skiing on these floppy skis calls for strength, stamina and good coordination and balance. It certainly also helps to have a strong streak of determination, because Telemark is not exactly easy to learn.

"You have to have the right kit for the right style of skiing."

The different styles of Telemark are distinguished by whether you want to do your Telemarking on a ski slope, off-piste or generally anywhere. The basic equipment consists simply of Telemark boots, Telemark bindings and the right Telemark skis. For skiing off-piste, you also need touring skins, avalanche safety gear and protective equipment.



Telemark taster days in Saas-Fee

Would you like to learn this elegant skiing technique? In January and March 2020 at the Sunstar hotel in Saas-Fee, we'll be offering the perfect package, including private tuition, fine food and a massage.

For more information see page 37 or saasfee.sunstar.ch

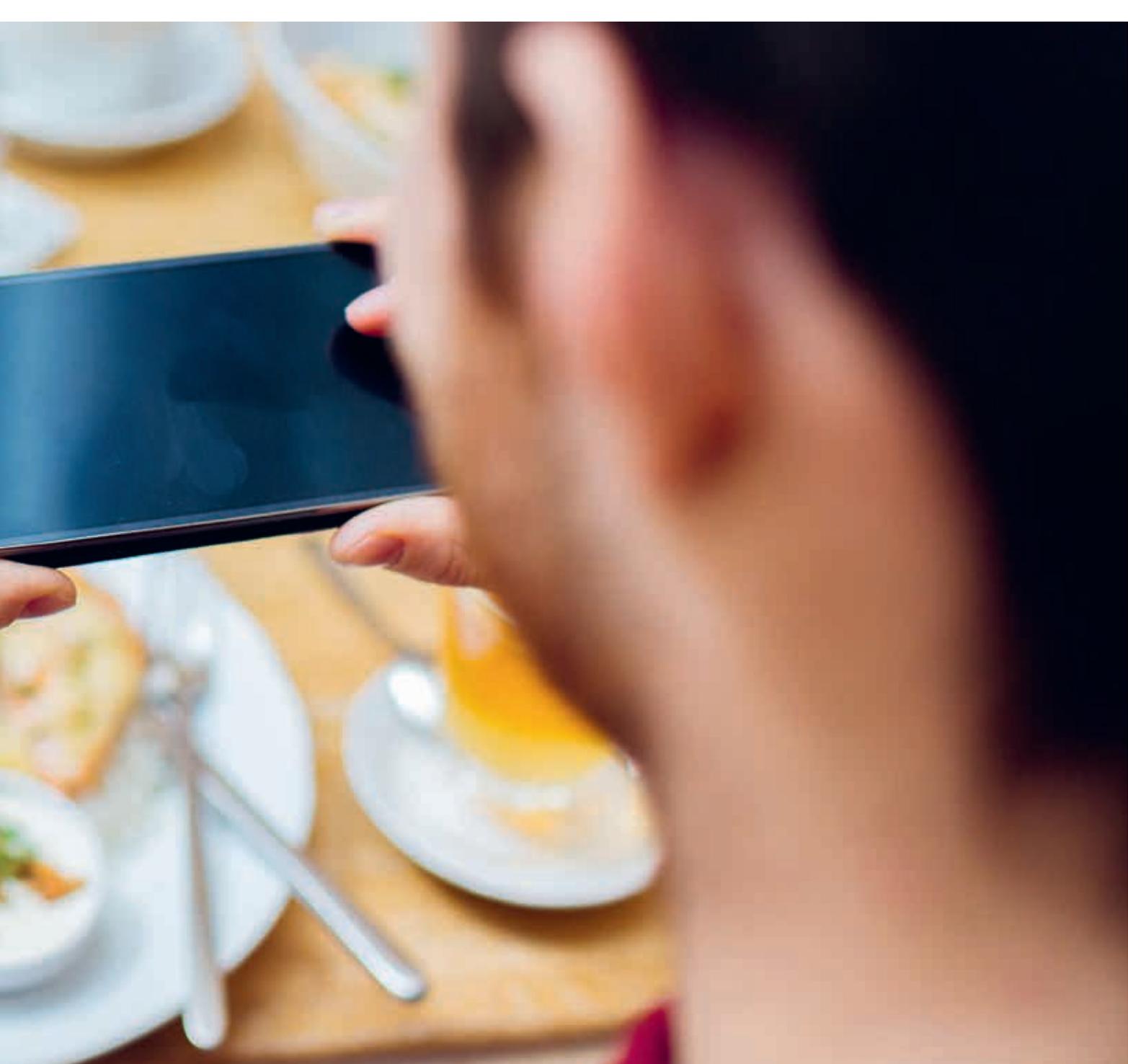


**On birthdays,
grandchildren,
mashed potato
and food waste.**





It really wasn't necessary to make such a fuss. After all, I'm only going to be seventy-five!



A swish restaurant with luxurious white tablecloths. And even fresh flowers! But unfortunately the wrong ones: lilies. Past their best and not very special. But my wife's son has recently become allergic to roses. Her name is Hermine and she's already coughing nervously into her handkerchief on my left. She seems to be a bit allergic to everything. Mostly her husband, at the moment. He is sitting on my right and is a real tribute to his blessed father: broad shoulders but still spineless. Oh my son, where did I go wrong!

Nevertheless, Max has given me two grandchildren. Jan studies Social Media and in real-life is about as sociable and entertaining as Ueli, my hard-of-hearing partner at cards. He prefers to immerse himself in his mobile phone and entertain the whole world rather than the birthday child. Zoë is quite different. She jabbars on and on and on and is always agitated about something: climate change, fish quotas, insects dying out, plastic in the sea and dust in the air, food waste and everything you can think of. With the weight of the world on her shoulders, she certainly won't live to be ninety, poor girl!



Luckily, the first course arrives now and saves us from plunging deeper into Zoë's grim world. – "Where danger is, deliverance also beckons," wrote the poet Hölderlin and indeed it approaches, in the form of my absolute favourite starter:

Minestrone. Or should I say "Minest-no-ne"

No pasta with gluten for Hermine, no animal ingredients for Zoë (a committed vegan since the day before yesterday) and no special requests at all for Jan and me. In any case, all Jan thinks about when it comes to food is photographing it. Bon appetit, everyone!

Smiling to myself, I sip my soup and watch Zoë saving the world with a bowl of soup and Jan turning his bowl of soup into content for the online community: #sunstarsupersoup. Meanwhile, Max silently and sullenly slurps down his soup until Hermine hisses: "Max, cholesterol!". And from then on, the little cubes of bacon are deposited on the edge of the plate. Ah, my poor little Max! He consoles himself with a big gulp of Barbera d'Asti. And promptly has to sneeze. Then again. And again. "Bless you!" "That's definitely histamine intolerance," remarks Zoë, who has finished eating and is now holding forth on the topics of electromog, mobile phone radiation, data mining and allergens.

Suddenly Hermine gets a terrible itch on her forearm. No, it's not from radiation, it's from the tablecloth, absolutely definitely, says Hermine. The young head waiter assures her that all the table and bed linen is washed in the laundry using special, skin-compatible products. And always has been. Zoë sees her chance and wonders whether she can ask a question. Yes, of course! About food waste. Well, obviously! The good-looking head waiter doesn't bat an eyelid and gives an impromptu summary of the latest Sunstar Food Waste Survey. When he goes on to explain that, in any case, Sunstar Hotels has been a member of "United Against Waste" for years and that this particular hotel can now be found on the "Too Good To Go" app, Zoë has found a new hero. With him, she'll be able to save the world, if not the whole universe!

At the word "app", Jan also wakes briefly from his lethargy, doesn't look up but swipes and clicks and downloads the app and has something to do again. Hermine, who has also been listening, has, of course, been anti-food waste since the year dot, as a point of principle. Always, she insists. What a load of nonsense! Max says he is also definitely against waste, and uses his fork to scoop up all the cubes of bacon from the edge of the plate in one go. Cholesterol or no cholesterol. Good on you, Max! – And what do I think?

You know, when I was young you always had to eat everything on your plate.

Sometimes the reason given was that other people did not have as much to eat as us. Any leftovers were kept and eaten later. Then, at some point, no-one cared about all that any more. And nowadays it's really important to everyone again. And we have to eat everything on the plate, just as we used to do. Everything goes full circle! And now I must get back to my story, because here comes the main course. You ought to see it, it's a dream: mashed potato with braised beef and lots of gravy!



It will take more than free-range eggs

We are all - you the guests and we at the hotel - much more environmentally aware nowadays. With about 300,000 overnight stays in our hotels every year, we also bear a heavy burden of responsibility. We know that and we act accordingly. Not least because we also know that that's what our guests want.

All our hotels in Switzerland have been climate-neutral for ten years now. In our purchasing, we attach great importance to using local ingredients that are produced with respect for animal welfare, species diversity and social responsibility. None of our meat comes from animals that have been treated with hormones or antibiotics. Our pork, veal and chicken come from Switzerland and, in addition to Swiss beef, we also use fully tested meat from Ireland and Uruguay. For coffee, bananas and orange juice, we rely on Max Havelaar certified fair trade produce. Sunstar Hotels has been a member of the "United Against Waste" organisation since 2015 and, as of 2019, it is on the "Too good to go" app. And, naturally, all our eggs and egg products come from happy free-range Swiss hens.

Skiing fun

Free
ski pass!

1-DAY SKI PASS FOR FREE!

3 nights in DBL/SGL at
the current daily rate.

from **CHF 270.-**
per person

SAAS-FEE

01.12. – 06.12.2019
12.01. – 17.01.2020

ZERMATT

12.01. – 17.01.2020
19.01. – 24.01.2020

Online booking with web code: **"WEBSKI"**

Free
massage!

Wellness

1x MASSAGE (50 MINS) FOR FREE!

3 nights in DBL/SGL at
the current daily rate

from **CHF 345.-**
per person

Online booking with web code: **«WEBSPA»**



AROSA

12.01. – 17.01.2020
22.03. – 27.03.2020

DAVOS

06.01. – 12.01.2020
30.03. – 05.04.2020

GRINDELWALD

05.01. – 10.01.2020
13.04. – 18.04.2020



**2nd person
gets
50% off!**

THE 2ND PERSON IN A DBL STAYS FOR HALF PRICE!

3 nights in DBL at the
current daily rate

from **CHF 285.-**
per person

Online booking with web code:
«WEB50»

KLOSTERS

15.12. – 20.12.2019
05.01. – 10.01.2020
26.01. – 31.01.2020
22.03. – 27.03.2020

WENGEN

05.01. – 10.01.2020
12.01. – 15.01.2020
22.03. – 27.03.2020

LENZERHEIDE

15.12. – 20.12.2019
05.01. – 10.01.2020
15.03. – 20.03.2020

Winter duo

From one adventure in the snow to another in Arosa



November high

Are you one of those people who can hardly wait to enjoy some beautiful winter days in the mountains? Then why not come to our hotel for a treat right at the start of the season?

INCLUDED PER PERSON:

- 2 nights in DBL/SGL Standard
- Gourmet meals in the evening
- For exact dates, prices and what else is included, see sunstar.ch

25.10. – 24.11.2019 CHF 299.–

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Family skiing holidays

A child-friendly skiing area, a family-friendly hotel – everything you need for a successful winter holiday with all the family. A fairy-tale offer for little polar bears and ice princesses.

INCLUDED PER FAMILY:

- 5 or 7 nights in DBL Standard XL
- Gourmet evening meals for all the family
- Arosa Lenzerheide ski pass
- Ski school for children under 17
- For exact dates, prices and what else is included, see sunstar.ch

01.12.2019 – 29.03.2020 from CHF 2'505.–

Price per family

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 10%.

2nd room for the grandparents
incl. half-board
5 nights **CHF 710.–**
7 nights **CHF 994.–**
per person

A flower-filled stay on beautiful Lake Maggiore.

Hit 2

Once spring has set in in Ticino, Nature can't wait to unfold in all her glory. It's a stunning floral display that takes your breath away. And not only will nature render you speechless, so will the price!

INCLUDED PER PERSON:

- 2 nights in a Junior Suite
- Gourmet meals in the evening
- Surprise box
- For exact dates, prices and what else is included, see sunstar.ch

13.03. – 30.04.2020 CHF 340.–

Price per person

Accepted in regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



M³ – Markets, Merlot & Massage

Ticino, the full works! And a great package for everyone who doesn't want to have to count the pennies on holiday. Dinner with Merlot, the pleasure of the "mercato" and a wellness massage as well. Che buona idea!

INCLUDED PER PERSON:

- 5 nights in a Junior Suite
- Daily evening meal incl. aperitif, 25 ml **Merlot** and 250 ml mineral water
- 1 x live music evening with dinner
- Boat ride to a typical Italian **Market** (Luino or Cannobio)
- 1 x relaxing whole body **Massage**
- Ticino Ticket
- For exact dates, prices and what else is included, see sunstar.ch

19.04. – 11.10.2020 CHF 915.–

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



For the active and energetic: Davos has it all!



Latin American Dance Days

Spend a memorable and exciting Dance Week with the holiday dance school, "Dance & More", honing your dancing skills with Latin American classics like the rumba, cha cha cha, salsa and merengue.

INCLUDED PER PERSON:

- 5 nights in DBL/SGL
- Gourmet meals in the evening
- Daily dancing classes for different ability levels
- Daily dancing in the evenings with live music
- Ski shuttle bus to/from the ski lifts
- For exact dates, prices and what else is included, see sunstar.ch

03.02. – 08.02.2020 from CHF 990.—

Price per person / Minimum number of participants: 10 people

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



The winter 50+ experience

Get out and about together. Our varied programme includes lots of highlights for skiers and winter walkers alike. You'll spend some very happy hours in the company of our visitor guides Barbara and Marcel.

INCLUDED PER PERSON:

- 5 nights in DBL/SGL
- Gourmet meals in the evening
- Varied programme of wellness and activities: sledging, cross-country skiing, aqua gymnastics, breathing for relaxation, back exercises etc.
- Daily music for dancing and entertainment in our bar
- Relaxed final evening: fondue party in the Sertig valley
- Ski shuttle bus to/from the ski lifts
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 03.04.2020 from CHF 795.—

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.

Relax with the Eiger, Mönch and Jungfrau.

Midweek Special

Spacious ski slopes and you are the only people for far and wide: midweek is the magic word! Enjoy the Jungfrau region with its more than 45 lifts and our wellness hotel boasting direct views of the Eiger from the Finnish sauna.

INCLUDED PER PERSON:

- 4 nights in Standard DBL
- 3-day ski pass for Grindelwald-Wengen
- Gourmet meals in the evening
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 27.03.2020 from CHF 799.—

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Time out for him & her

Call it down time, burnout prevention or simply feel-good days. Enjoy a relaxed wellness holiday in Grindelwald. With four different wellness treatments, new energy and joie de vivre are guaranteed.

INCLUDED PER PERSON:

- 4 nights in Standard DBL
- Gourmet meals in the evening
- 1 x whole body massage (50 mins)
- 1 x facial massage (25 mins)
- 1 x body peeling or soap and brush massage (15 mins)
- 1 x evening primrose oil facepack (25 mins)
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 03.04.2020 from CHF 819.—

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Romance + relaxation + fun on the slopes = Klosters!



Midweek Ski Hit

In the middle of the snow, in the middle of the week! Sheer skiing fun with more enjoyment and fewer people. We're offering all the variety of the Klosters/Davos skiing area and a stay at our hideaway hotel at special "mates' rates".

INCLUDED PER PERSON:

- 5 nights in DBL/SGL Standard
- Gourmet meals in the evening
- 4-day ski pass for Davos Klosters
- Ski shuttle bus to/from the ski lifts
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 27.03.2020 from CHF 970.–

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Pause for breath

Enjoy a short break in our idyllically located hotel. After a wonderful winter outing to the Madrisa, the wellness area is such an inviting place to relax and recover in.

INCLUDED PER PERSON:

- 2 nights in Premium DBL
- Madrisa day pass for pedestrians
- 7-herb-filled pillow to keep
- 1x tea party with unlimited refills
- Ski shuttle bus to/from the ski lifts
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 27.03.2020 from CHF 350.–

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Sunstar
SWISS HOTEL COLLECTION
* * * *
LENZERHEIDE

Where Heidi and Gigi say "Good Morning".

Carving Hit

Start the winter in style and enjoy the first snow of the season! The winter sports paradise of Arosa-Lenzerheide with its three side valleys is the ideal arena for some nifty carving.

INCLUDED PER PERSON:

- 3 nights in DBL/SGL Standard
- Gourmet meals in the evening
- 3-day ski pass for Arosa-Lenzerheide
- 3 days of ski hire from Louis Sport
- For exact dates, prices and what else is included, see sunstar.ch

13.12. – 20.12.2019 from CHF 490.—

Price per person

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 10%.



Cross-country Dream

Welcome to a cross-country skiing paradise! 56 km of cross-country skiing trails, perfectly groomed every day, fresh mountain air in a winter landscape, snowy forests, the frozen Lake Heid and plenty of winter sunshine.

INCLUDED PER PERSON:

- 3 nights in DBL/SGL Standard
- Gourmet dinner on the first evening
- Daily cross-country skiers' laundry service
- Cross-country skiers' cellar with waxing table
- For exact dates, prices and what else is included, see sunstar.ch

05.01. – 25.03.2019 from CHF 498.—

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Quintessential Piedmont and time for enjoyment.



In-depth Piedmont in the spring

Time to get to know Piedmont from its typical, traditional side! On daily guided excursions with our host Peter Müller, you explore the famous palaces of Turin, a well-known regional winery, the vineyards of Barolo, Barbaresco and Cortemiglia and a typical rice farm and go on a guided tour of Alba.

INCLUDED PER PERSON:

- Guided cultural tour including transfers from/to Brissago
- 5 nights in a DBL Ambiente room
- Welcome drink
- Daily gourmet meals in the evening
- Visit to a vineyard accompanied by the wine-grower
- Guided tour of Alba
- Round trip to Barolo, Barbaresco and Cortemiglia
- Visit to a hazelnut farm
- Transfers for all day trips
- For exact dates, prices and what else is included, see sunstar.ch

10.05. – 15.05.2020 from €1'000.—

Price per person / Minimum number of participants: 8 people

Accepted in half of regular payment:
 Loyalty Cards, shareholder vouchers and Privilège Cheques.



Golf Days in Piedmont

18 holes x 3 golf courses on 4 days – that sounds like a lot of fun. The golf courses are all remarkable for their perfect locations and generally short waiting times. And, frankly, there's no need to say anything more about the culinary delights of Piedmont...

INCLUDED PER PERSON:

- 4 nights in a DBL Ambiente room
- Welcome drink
- Gourmet meals in the evening
- 3 x green fee for the golf courses in Feudo d'Asti, Margara and Cherasco
- For exact dates, prices and what else is included, see sunstar.ch

19.04. – 29.11.2020 € 800.—

Price per person

Accepted in half of regular payment:
 Loyalty Cards, shareholder vouchers and Privilège Cheques.

Sun and snow in beautiful Saas-Fee.



Days of skiing and relaxation

Enjoy sheer skiing fun on over 145 km of ski slopes in the glacier landscape of Saas-Fee. A soothing whole body massage will make you feel completely relaxed.

INCLUDED PER PERSON:

- 7 nights in DBL/SGL Classic
- Gourmet meals in the evening incl. a fondue party
- 1x 50 min. whole body massage.
- 6-day ski pass for Saas-Fee
- For exact dates, prices and what else is included, see sunstar.ch

02.11.2019 – 11.04.2020 from CHF 1'240.—

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Telemark Taster Days

In Switzerland the original form of skiing is currently enjoying something of a boom. In two private lessons of two hours each, you'll learn in a fun way all about the combination of technique, strength and stamina that is required. To help you with the necessary recuperation, we pamper you during your stay with a relaxing whole body massage.

In that spirit, may we say: heels up and knees bend!

INCLUDED PER PERSON:

- 5 nights in DBL/SGL Classic
- Gourmet meals in the evening
- 50-minute whole body massage
- 5-day ski pass
- 2 x 2hr private lesson in the Telemark skiing technique
- For exact dates, prices and what else is included, see sunstar.ch

12.01.2020 and 22.03.2020 CHF 1'485.—

Price per person

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 10%.



Have more fun in Wengen with a ski pass included!



All-In

What's included? – Everything! Enjoy an all-inclusive skiing week and succumb to the delights of the idyllic scenery. Ski pass for 6 days, tasty treats in the evening and any amount of fun – all included!

INCLUDED PER PERSON:

- 7 nights in DBL/SGL Standard
- Gourmet meals in the evening
- 6-day ski pass for Wengen-Grindelwald
- For exact dates, prices and what else is included, see sunstar.ch

02.01. – 28.03.2020 from CHF 1'309.–

Price per person

Accepted in half of regular payment:

Loyalty Cards, shareholder vouchers and Privilège Cheques.



Ski & Relax

It's high time to take a break and let your hair down. With our Power Relax Special deal, you recharge your batteries in the Jungfrau region and enjoy sun, snow and life in general.

INCLUDED PER PERSON:

- 3 nights in DBL/SGL Standard
- Gourmet meals in the evening
- 2-day ski pass for Wengen-Grindelwald
- For exact dates, prices and what else is included, see sunstar.ch

19.12. – 26.03.2020 from CHF 531.–

Price per person

Accepted in half of regular payment:

Loyalty Cards, shareholder vouchers and Privilège Cheques.

Enjoy the sun in the shadow of the Matterhorn!

Sleep & Ride

Short and intense and, above all, before the crowds get here: celebrate the arrival of next winter under a blue sky in the winter sports paradise of Zermatt, while everyone else succumbs to the November blues in the lowland fog

INCLUDED PER PERSON:

- 3 nights in DBL/SGL
- 2-day Zermatt ski pass
- For exact dates, prices and what else is included, see sunstar.ch

01.11. – 27.11.2019 CHF 330.—

Price per person

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 10%.



Bird's-Eye View

We move heaven and earth for you - and what follows is high-altitude euphoria of a very special kind. Explore the 38 x 4000 m peaks from above on a helicopter ride - as impressive as it's unforgettable.

INCLUDED PER PERSON:

- 7 nights in DBL/SGL
- Gourmet meals in the evening
- 20-minute helicopter flight.
- Zermatt International ski pass for 6 days
- For exact dates, prices and what else is included, see sunstar.ch

30.11.2019 – 10.04.2020 from CHF 1'610.—

Price per person

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 20%.



Special celebrations and holidays at Sunstar hotels!



Dream Christmas

A feast for all the senses – and a real fairy-tale Christmas. Spend some memorable festive days at the Sunstar hotel of your choice in good company with plenty of culinary highlights. Enjoy atmospheric gala evenings, surrounded by twinkling Christmas lights!

INCLUDED PER PERSON:

- 4 nights in DBL/SGL
- Gourmet meals in the evening with special Christmas menus
- Attractive Christmas Day programme

22.12. – 26.12.2019 from CHF 699.–

Price per person

Accepted in half of regular payment:
Loyalty Cards, shareholder vouchers and Privilège Cheques.



Joker Hotels - holidaying for less

Our Joker Hotels offer is perfect for flexible bargain-hunters with bags of spontaneity. Enjoy 6 days of holiday in the Swiss mountains at a low price! 10 days before you travel, you find out in which hotel you'll be having your holiday fun.

INCLUDED PER PERSON:

- 5 nights in DBL/SGL
- For exact dates, prices and what else is included, see sunstar.ch

27.10.2019 – 17.04.2020 from CHF 429.–

Price per person

Loyalty Cards and shareholder vouchers are not accepted.
Exception: Privilège Cheques up to 20%.

Exclusive Collection Readers' Tour

Early spring in Piedmont with mini-cruise

Detailed prices
and information about
the ship and the hotels at:
sunstar.ch/leserreise

Enjoy the joys of the south with our unusual Readers' Tour from/to Brissago. The popular MSC Opera will take us from Genoa to Barcelona, Palma de Mallorca and Marseilles then back to Piedmont, where your host Peter Müller will show you some of the region's best insider secrets.

Programme

- 31.03.2020** Make your own way to Brissago, welcome drink, evening meal, accommodation
- 01.04.2020** Coach transfer to Genoa, 4 p.m. "Full steam ahead!"
- 02.04.2020** 1 p.m. to 9 p.m. shore excursion to Barcelona
- 03.04.2020** 7 a.m. to 4 p.m. shore excursion to Palma
- 04.04.2020** 10.00 a.m. to 6 p.m. shore excursion to Marseilles
- 05.04.2020** 8 a.m. Arrival in Genoa, coach transfer to the Sunstar Hotel in Piedmont, welcome drinks and lunch
- 06.04.2020** Coach trip to visit sights in the region (1/2 day)
- 07.04.2020** Coach trip to visit sights in the region (whole day)
- 08.04.2020** Coach trip to visit sights in the region (1/2 day)
- 09.04.2020** Coach transfer to Lugano SBB and Brissago, make your own way home or extend your stay in Brissago

31.03. – 09.04.2020 from CHF 1'645.–

Price per person / Minimum number of participants: 20 people

Supplements for other room categories and extra nights as shown on the Sunstar price list. Loyalty Cards not accepted; Exception: Sunstar shareholder vouchers (4%) or Privilège Cheques (8%).



Included per person

- 1 night in Lago JS at the Sunstar Hotel Brissago incl. half-board
- 4-night cruise on the MSC Opera, full board and "Easy" drinks package
- 4 nights in Ambiente DBL at the Sunstar Hotel Piedmont incl. half-board
- Welcome and farewell drinks in Brissago
- 3 guided coach tours in Piedmont incl. light lunch
- Coach transfers Brissago – Genoa – Piedmont – Brissago
- Tourist taxes at the Sunstar hotels

Not included

- Other drinks and personal expenses
- Optional shore excursions
- Compulsory tips aboard the MSC (EUR 11 per person/day)
- Other tips, insurance



ORGANISATION/BOOKING OFFICE Ferienclub Privilège • info@ferienclub.ch • +41 (0)61 921 21 01

In brief...

Thank you Flims!

As of 8 September 2019, the Sunstar Hotel Flims has closed its doors. It is with mixed feelings that we say farewell to this lovely hotel. We would like to express our warmest thanks to the team in Flims led by Director Jens Grossmann, who all continued to give excellent service until the very last day.

BOOK online!

"Move with the times or you'll be gone in no time!"

This quotation is very relevant to trends in e-commerce and online business. Over time, Sunstar has indeed made various changes to its online booking template. The latest changes coincide with our switch to a new hotel reservation system. So what exactly is changing?

- In addition to a huge improvement in the speed at which the page for checking prices and availability loads, it's now possible to book more than one room at a time - **Multiroom Booking**
- The **promotional code** now allows you to book special offers online directly, such as the Collection Deals on p. 28-29
- New **Login area for Loyalty Card holders**: once you have logged in, the room prices will be shown with the Loyalty Card discount, and your personal details will be filled in with the master data that we hold for you
- New **Login area for shareholders and Privileged members**: the Sunstar FIX rate can now be booked again without making an advance payment
- **"I care"** – make a voluntary contribution on our online booking page to keep your stay climate-neutral. To say thank you, we will double your contribution and use it to support local climate protection projects
- **Best price guarantee** – to keep this promise, we have increased prices on online booking portals and will be withdrawing the website discount of CHF 5.00 per room and per night with effect from 1 November 2019 (time of booking)

Bye bye Norbert

A COOKING LEGEND HANGS UP HIS HAT...

He has been slaving over a hot stove at the Albeina for 35 years, so he was even there before Sunstar – because we have "only" been running the Sunstar Hotel Klosters for 15 years!

We're talking about head chef Norbert Demuth. He's an old-school chef. His top priorities have always been to use high-quality ingredients and make things by hand – that's his professional philosophy! And you can certainly tell by the taste: who doesn't remember his Prättigauer bread soup or his delicious freshly prepared sauces accompanying flash-fried fillet steak? If you would like to enjoy his cooking skills one more time, the 2019/20 winter season is your last chance: at the end of March 2020, he'll be handing over the wooden spoon to his successor and starting his well-deserved retirement. Dear Norbert, we would like to thank you for your tireless hard work and wish you all the best in your well-earned retirement 😊



Baselbiet's charm meets Zurich's drive

After a year as Reception desk manager and Assistant Director in Lenzerheide, Noémie Ruckstuhl will become joint Director with Reto Keller from November 2019. Noémie Ruckstuhl, who is 31 and grew up in Oberwil BL, attended hotel management school in Passugg with Reto Keller over 10 years ago. We wish Noémie Ruckstuhl good luck and happiness in her new role and hope that the partnership between the two Directors will be successful and harmonious.

The Sunstar Hotel Collection: even more varied than you expect.

ALL THE HOTELS AT A GLANCE.



Sunstar Hotel Arosa

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Sunstar Hotel Brissago

Via Gabbietta 3, 6614 Brissago
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Sunstar Hotel Davos

Oberwiesstrasse 3, 7270 Davos Platz
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Sunstar Hotel Grindelwald

Dorfstrasse 168, 3818 Grindelwald
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Sunstar Hotel Klosters

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Sunstar Hotel Lenzerheide

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Sunstar Hotel Piedmont

Via Mario Bausola 2, 14057 Isola d'Asti, ITALIEN
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Sunstar Hotel Saas-Fee

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Sunstar Hotel Wengen

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Sunstar Hotel Zermatt

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